

# CROSS DES MYRIADES 2025

LYON ATHLE · dimanche 30 novembre 2025



## Résultats - FFSA 3890M

| Pl. | Dos  | Nom-prénom       | Club | Licence | Sx | Cat     | Course     | Temps | Moy   | Par cat. |
|-----|------|------------------|------|---------|----|---------|------------|-------|-------|----------|
| 1   | 1938 | FARION Herve     |      |         | M  | MH - M  | FFSA 3890M | 19:34 | 11,93 | 1° MH/7  |
| 2   | 1942 | LEDoux Raphael   |      |         | M  | JUH - M | FFSA 3890M | 20:31 | 11,38 | 1° JUH/1 |
| 3   | 1944 | PROST Raphael    |      |         | M  | MH - M  | FFSA 3890M | 20:33 | 11,36 | 2° MH/7  |
| 4   | 1946 | TROUFA           |      |         | M  | MH - M  | FFSA 3890M | 21:20 | 10,94 | 3° MH/7  |
| 5   | 1939 | GUICHON Corentin |      |         | M  | SEH - M | FFSA 3890M | 21:46 | 10,72 | 1° SEH/4 |
| 6   | 1940 | KHOUMSI Khalid   |      |         | M  | MH - M  | FFSA 3890M | 23:20 | 10,00 | 4° MH/7  |
| 7   | 1945 | REGALDO Chloe ♀  |      |         | F  | SEF - F | FFSA 3890M | 25:03 | 9,32  | 1° SEF/2 |
| 8   | 1937 | COUDENE Bastien  |      |         | M  | MH - M  | FFSA 3890M | 25:57 | 8,99  | 5° MH/7  |
| 9   | 1934 | BERAUD Remy      |      |         | M  | SEH - M | FFSA 3890M | 27:48 | 8,40  | 2° SEH/4 |
| 10  | 1943 | PICCARRETA Loic  |      |         | M  | MH - M  | FFSA 3890M | 28:03 | 8,32  | 6° MH/7  |
| 11  | 1936 | CARON Severine ♀ |      |         | F  | SEF - F | FFSA 3890M | 29:17 | 7,97  | 2° SEF/2 |
| 12  | 1941 | LADRET Guillaume |      |         | M  | SEH - M | FFSA 3890M | 34:14 | 6,82  | 3° SEH/4 |
| 13  | 1935 | BODIN Clement    |      |         | M  | MH - M  | FFSA 3890M | 34:31 | 6,76  | 7° MH/7  |